

Mariners Volleyball Club Volleyball Skill Development Series Girls Entering Grade 8-10



Fall Skill Development Series

This Fall skill development series focuses on the development of core skills and the age appropriate tactical strategies involved in competitive Volleyball. This eight sessions series is designed to introduce and refine a player's abilities in preparation for the 2019 Club season.

Sunday's - 3:15-5:45pm

September 15th
September 22nd
October 6th
October 13th
October 27th
November 3rd
November 10th
November 17th

To register please go to:
Marinersvolleyballclub.ca

Click the registration link on our homepage. For more information, email:
info@marinersvolleyballclub.ca

All sessions held at Vancouver Island University Gymnasium, Nanaimo Campus

Head Coaches: Mariners Volleyball Club Technical Team

Assistant Coaches: VIU Volleyball Players, VIU Sport, Health & Physical Education Students, and Guest Coaches



Mariners 16U Meghan – 2019 Provincial Champions Division 3